

Menu Nutrition

Menu: HS2627FRIWK1 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627FRIWK2 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627FRIWK3 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627FRIWK4 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627FRIWK5 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627FRIWK6 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00288	HS Baguette with chicken	Ptn	164.1	1.8	0.5	24.5	2.8
50	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
60	R00565	HS Pizza	Ptn	277.5	16.2	2.3	28.7	?
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00065	Homemade Coleslaw	Ptn	57.4	4.8	0.4	3.2	1.3

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00288	HS Baguette with chicken	Ptn	14.1	1.1	0.9	109.7	0.0
50	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
60	R00565	HS Pizza	Ptn	6.3	2.3	1.4	22.5	?
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00065	Homemade Coleslaw	Ptn	0.6	0.2	0.1	13.9	>297.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00288	HS Baguette with chicken	Ptn	0.0	47.2	432.0	1.2

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50	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
60	R00565	HS Pizza	Ptn	7.5	40.5	509.9	?
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00065	Homemade Coleslaw	Ptn	8.3	11.7	>5.1	0.8

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Menu: HS2627MONWK1 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00439	HS Quorn Sausage Casserole	Ptn	126.6	3.7	0.9	8.6	9.5
60	R00582	HS Loaded Wedges with Chilli (	Ptn	553.3	29.7	14.1	41.1	>5.7
Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00439	HS Quorn Sausage Casserole	Ptn	15.4	>1.3	>7.1	>23.5	(496.6)
60	R00582	HS Loaded Wedges with Chilli (	Ptn	32.0	2.6	2.4	391.1	(361.6)
Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)	
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2	
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3	
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0	
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0	
50	R00439	HS Quorn Sausage Casserole	Ptn	>11.2	>35.2	596.4	>1.5	
60	R00582	HS Loaded Wedges with Chilli (	Ptn	>30.1	65.7	788.7	>0.0	

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Menu: HS2627MONWK2 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00237	HS Macaroni Cheese	Ptn	473.4	10.0	4.8	71.0	2.9
60	R00255	HS Veggie Chilli	Ptn	222.9	4.4	0.6	26.6	>9.0
70	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
80	R00174	HS Crusty Bread as a Side	Ptn	97.6	1.3	0.3	18.4	2.2

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00237	HS Macaroni Cheese	Ptn	23.4	1.6	>2.5	394.4	(131.5)
60	R00255	HS Veggie Chilli	Ptn	17.0	>6.1	>1.7	>124.2	(203.2)
70	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
80	R00174	HS Crusty Bread as a Side	Ptn	4.2	1.0	0.7	34.8	(0.0)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

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50	R00237	HS Macaroni Cheese	Ptn	2.2	45.8	271.7	>0.0
60	R00255	HS Veggie Chilli	Ptn	>28.7	>72.1	205.8	>1.7
70	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
80	R00174	HS Crusty Bread as a Side	Ptn	0.0	22.8	210.4	?

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Menu: HS2627MONWK3 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00584	HS Pulled Chicken Slider	Ptn	?	?	?	?	?
60	R00587	HS Slaw	Ptn	83.9	7.1	0.8	4.3	2.2
70	R00232	HS Wedges	Ptn	217.5	5.7	0.7	39.8	4.5
80	R00586	HS Veggie Curry	Ptn	205.4	5.1	0.7	28.3	>8.3
90	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00584	HS Pulled Chicken Slider	Ptn	?	?	?	?	?
60	R00587	HS Slaw	Ptn	0.8	0.3	0.1	20.9	>445.5
70	R00232	HS Wedges	Ptn	4.4	1.1	0.6	19.5	tr
80	R00586	HS Veggie Curry	Ptn	8.7	>6.6	>2.3	>115.9	(294.2)
90	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3

Menu Nutrition

30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00584	HS Pulled Chicken Slider	Ptn	?	?	?	?
60	R00587	HS Slaw	Ptn	12.4	17.5	137.6	1.2
70	R00232	HS Wedges	Ptn	10.5	31.5	3.0	0.0
80	R00586	HS Veggie Curry	Ptn	>44.8	>37.7	272.3	>1.9
90	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0

Menu Nutrition

Menu: HS2627MONWK4 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00140	Carrot Soup	Ptn	60.9	1.5	>0.4	11.4	>2.5
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00601	HS Katsu Curry	Ptn	253.1	9.7	2.6	13.7	>2.7
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00237	HS Macaroni Cheese	Ptn	473.4	10.0	4.8	71.0	2.9
80	R00174	HS Crusty Bread as a Side	Ptn	97.6	1.3	0.3	18.4	2.2

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00140	Carrot Soup	Ptn	1.2	>0.8	>0.2	>29.7	>795.4
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00601	HS Katsu Curry	Ptn	27.4	>4.4	>2.5	>69.1	(62.7)
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00237	HS Macaroni Cheese	Ptn	23.4	1.6	>2.5	394.4	(131.5)
80	R00174	HS Crusty Bread as a Side	Ptn	4.2	1.0	0.7	34.8	(0.0)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00140	Carrot Soup	Ptn	>4.2	>14.2	206.6	>0.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00601	HS Katsu Curry	Ptn	>41.0	>36.9	472.0	>0.0
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
70	R00237	HS Macaroni Cheese	Ptn	2.2	45.8	271.7	>0.0
80	R00174	HS Crusty Bread as a Side	Ptn	0.0	22.8	210.4	?

Menu Nutrition

Menu: HS2627MONWK5 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00603	HS Piri Piri Chicken	Ptn	>203.9	>8.9	>2.5	>4.2	>0.7
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00587	HS Slaw	Ptn	83.9	7.1	0.8	4.3	2.2
80	R00255	HS Veggie Chilli	Ptn	222.9	4.4	0.6	26.6	>9.0

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00603	HS Piri Piri Chicken	Ptn	>26.2	>1.5	>2.2	>21.2	(123.6)
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00587	HS Slaw	Ptn	0.8	0.3	0.1	20.9	>445.5
80	R00255	HS Veggie Chilli	Ptn	17.0	>6.1	>1.7	>124.2	(203.2)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00603	HS Piri Piri Chicken	Ptn	>1.2	>9.5	>99.2	>0.0
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
70	R00587	HS Slaw	Ptn	12.4	17.5	137.6	1.2
80	R00255	HS Veggie Chilli	Ptn	>28.7	>72.1	205.8	>1.7

Menu Nutrition

Menu: HS2627MONWK6 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00140	Carrot Soup	Ptn	60.9	1.5	>0.4	11.4	>2.5
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00601	HS Katsu Curry	Ptn	253.1	9.7	2.6	13.7	>2.7
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00237	HS Macaroni Cheese	Ptn	473.4	10.0	4.8	71.0	2.9
80	R00174	HS Crusty Bread as a Side	Ptn	97.6	1.3	0.3	18.4	2.2

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00140	Carrot Soup	Ptn	1.2	>0.8	>0.2	>29.7	>795.4
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00601	HS Katsu Curry	Ptn	27.4	>4.4	>2.5	>69.1	(62.7)
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00237	HS Macaroni Cheese	Ptn	23.4	1.6	>2.5	394.4	(131.5)
80	R00174	HS Crusty Bread as a Side	Ptn	4.2	1.0	0.7	34.8	(0.0)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00140	Carrot Soup	Ptn	>4.2	>14.2	206.6	>0.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00601	HS Katsu Curry	Ptn	>41.0	>36.9	472.0	>0.0
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
70	R00237	HS Macaroni Cheese	Ptn	2.2	45.8	271.7	>0.0
80	R00174	HS Crusty Bread as a Side	Ptn	0.0	22.8	210.4	?

Menu Nutrition

Menu: HS2627THUWK1 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00583	HS Pork Sausage	Ptn	384.0	34.2	12.3	10.2	0.1
60	R00235	HS Veggie Haggis	Ptn	234.0	14.7	6.2	19.5	4.0
70	R00231	HS Mashed Potatoes	Ptn	113.4	0.5	0.2	26.1	?
80	R00575	Main Baked Beans	Ptn	67.5	0.5	0.1	12.2	4.4
90	R00236	HS Turnip	Ptn	13.4	0.2	tr	2.7	?

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00583	HS Pork Sausage	Ptn	8.9	0.3	0.5	6.0	10.0
60	R00235	HS Veggie Haggis	Ptn	4.0	0.0	0.1	6.0	6.0
70	R00231	HS Mashed Potatoes	Ptn	2.8	0.5	0.3	9.7	(0.0)
80	R00575	Main Baked Beans	Ptn	4.5	1.3	0.5	37.8	3.6
90	R00236	HS Turnip	Ptn	0.5	0.1	0.1	28.0	1.8

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3

Menu Nutrition

30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00583	HS Pork Sausage	Ptn	0.0	1.0	469.0	?
60	R00235	HS Veggie Haggis	Ptn	3.0	7.0	469.0	?
70	R00231	HS Mashed Potatoes	Ptn	25.9	40.5	17.8	?
80	R00575	Main Baked Beans	Ptn	tr	26.1	171.0	2.6
90	R00236	HS Turnip	Ptn	9.9	8.2	8.8	0.0

Menu Nutrition

Menu: HS2627THUWK2 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00245	HS Flavoured Milk	Ptn	115.0	4.3	2.7	11.8	0.0
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00600	HS Mince Beef	Ptn	246.5	13.3	5.6	14.2	1.9
50	R00231	HS Mashed Potatoes	Ptn	113.4	0.5	0.2	26.1	?
60	R00467	HS Veggie Sausage Roll	Ptn	147.0	7.8	2.0	7.7	>0.0
70	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
80	R00575	Main Baked Beans	Ptn	67.5	0.5	0.1	12.2	4.4

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00245	HS Flavoured Milk	Ptn	8.8	0.1	1.0	300.0	50.0
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00600	HS Mince Beef	Ptn	16.5	>1.6	>3.2	>28.4	>523.5
50	R00231	HS Mashed Potatoes	Ptn	2.8	0.5	0.3	9.7	(0.0)
60	R00467	HS Veggie Sausage Roll	Ptn	12.0	2.5	0.8	109.6	?
70	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
80	R00575	Main Baked Beans	Ptn	4.5	1.3	0.5	37.8	3.6

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00245	HS Flavoured Milk	Ptn	5.0	22.5	107.5	0.0
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00600	HS Mince Beef	Ptn	>1.3	>16.3	606.7	>1.5

Menu Nutrition

50	R00231	HS Mashed Potatoes	Ptn	25.9	40.5	17.8	?
60	R00467	HS Veggie Sausage Roll	Ptn	0.0	27.2	443.4	0.0
70	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
80	R00575	Main Baked Beans	Ptn	tr	26.1	171.0	2.6

Menu Nutrition

Menu: HS2627THUWK3 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00495	HS Steak Pie	Ptn	234.4	14.9	6.7	6.7	>1.0
60	R00249	HS Vegetarian Sausages	Ptn	148.8	4.4	0.5	10.4	6.2
70	R00231	HS Mashed Potatoes	Ptn	113.4	0.5	0.2	26.1	?
80	R00588	HS Baked Beans	Ptn	67.5	0.5	0.1	12.2	4.4
90	R00236	HS Turnip	Ptn	13.4	0.2	tr	2.7	?

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00495	HS Steak Pie	Ptn	18.3	>1.8	>2.9	>19.0	(141.7)
60	R00249	HS Vegetarian Sausages	Ptn	13.2	0.7	8.4	?	0.0
70	R00231	HS Mashed Potatoes	Ptn	2.8	0.5	0.3	9.7	(0.0)
80	R00588	HS Baked Beans	Ptn	4.5	1.3	0.5	37.8	3.6
90	R00236	HS Turnip	Ptn	0.5	0.1	0.1	28.0	1.8

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3

Menu Nutrition

30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00495	HS Steak Pie	Ptn	>3.0	>29.5	249.3	>0.4
60	R00249	HS Vegetarian Sausages	Ptn	0.0	25.2	398.4	0.0
70	R00231	HS Mashed Potatoes	Ptn	25.9	40.5	17.8	?
80	R00588	HS Baked Beans	Ptn	tr	26.1	171.0	2.6
90	R00236	HS Turnip	Ptn	9.9	8.2	8.8	0.0

Menu Nutrition

Menu: HS2627THUWK4 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00602	HS Smash Burger	Ptn	342.6	18.2	7.5	19.2	>3.4
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00268	HS Hummus and Roast Veggie	Ptn	202.5	3.9	>0.7	25.2	>11.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00602	HS Smash Burger	Ptn	24.0	>13.7	>4.6	>112.7	(37.9)
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00268	HS Hummus and Roast Veggie	Ptn	11.2	>7.5	>4.3	>257.7	(63.6)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00602	HS Smash Burger	Ptn	>2.1	>48.9	324.2	>0.4
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0

Menu Nutrition

70	R00268	HS Hummus and Roast Veggie Ptn	>60.4	>276.3	52.2	>0.1
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Menu Nutrition

Menu: HS2627THUWK5 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00478	HS Spaghetti Bolognaise	Ptn	559.1	14.1	5.7	71.9	>4.6
60	R00589	HS Veggie Cottage Pie	Ptn	330.6	5.2	0.8	62.3	>5.0
Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00478	HS Spaghetti Bolognaise	Ptn	34.4	>18.2	>5.7	>61.0	(321.4)
60	R00589	HS Veggie Cottage Pie	Ptn	11.4	>5.4	>1.2	>138.7	(1544.0)
Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)	
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2	
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3	
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0	
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0	
50	R00478	HS Spaghetti Bolognaise	Ptn	>23.5	>56.5	254.7	>0.8	
60	R00589	HS Veggie Cottage Pie	Ptn	>72.0	>111.2	248.1	>3.8	

Menu Nutrition

Menu: HS2627THUWK6 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00261	HS Beef Chilli	Ptn	297.9	10.5	>3.5	28.7	>4.8
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00002	HS Spinach Feta and Potato Bæ	Ptn	454.4	27.1	13.5	36.2	>3.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00261	HS Beef Chilli	Ptn	23.0	>5.5	>3.7	>82.8	(150.7)
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00002	HS Spinach Feta and Potato Bæ	Ptn	16.7	>1.0	>0.6	>198.6	(404.8)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00261	HS Beef Chilli	Ptn	>19.9	>93.4	546.6	>2.1
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0

Menu Nutrition

70	R00002	HS Spinach Feta and Potato Bæ Ptn	>9.8	>52.5	553.9	>0.0
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Menu Nutrition

Menu: HS2627TUEWK1 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00245	HS Flavoured Milk	Ptn	115.0	4.3	2.7	11.8	0.0
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00597	HS Chicken Curry	Ptn	265.0	7.6	1.3	29.4	>8.2
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00456	HS Quesadillas	Ptn	171.2	5.6	3.1	15.2	3.6
80	R00564	HS Spicy Rice	Ptn	254.3	2.2	0.1	51.6	3.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00245	HS Flavoured Milk	Ptn	8.8	0.1	1.0	300.0	50.0
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00597	HS Chicken Curry	Ptn	16.2	>4.9	>2.0	>124.6	(995.9)
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00456	HS Quesadillas	Ptn	15.8	>1.8	>1.6	>293.1	(65.3)
80	R00564	HS Spicy Rice	Ptn	5.4	>0.8	>1.3	>8.9	>20.4

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00245	HS Flavoured Milk	Ptn	5.0	22.5	107.5	0.0
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00597	HS Chicken Curry	Ptn	>10.9	>94.3	443.0	>0.9
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
70	R00456	HS Quesadillas	Ptn	>1.4	>51.8	380.8	>1.6
80	R00564	HS Spicy Rice	Ptn	>26.5	>30.6	359.5	>0.0

Menu Nutrition

Menu: HS2627TUEWK2 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00252	HS Fish of the Day	Ptn	211.1	8.4	0.7	23.3	0.8
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00224	HS Peas	Ptn	52.8	(0.7)	0.2	7.4	?
80	R00598	HS Veggieball Bolognaise	Ptn	345.1	2.8	0.6	55.8	>10.0

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00252	HS Fish of the Day	Ptn	10.2	0.5	0.5	29.8	0.9
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00224	HS Peas	Ptn	4.6	1.2	0.7	26.4	(0.0)
80	R00598	HS Veggieball Bolognaise	Ptn	19.5	>3.9	>1.7	>114.4	(288.2)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00252	HS Fish of the Day	Ptn	tr	8.4	297.6	0.0
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
70	R00224	HS Peas	Ptn	13.6	62.4	2.4	?
80	R00598	HS Veggieball Bolognaise	Ptn	>11.5	>69.9	219.5	>0.8

Menu Nutrition

Menu: HS2627TUEWK3 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00585	HS Sweet and Sour Chicken	Ptn	179.7	6.8	1.1	14.5	>1.4
60	R00564	HS Spicy Rice	Ptn	254.3	2.2	0.1	51.6	3.1
70	R00002	HS Spinach Feta and Potato Bæ	Ptn	454.4	27.1	13.5	36.2	>3.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00585	HS Sweet and Sour Chicken	Ptn	15.8	>0.9	>0.8	>26.7	(513.6)
60	R00564	HS Spicy Rice	Ptn	5.4	>0.8	>1.3	>8.9	>20.4
70	R00002	HS Spinach Feta and Potato Bæ	Ptn	16.7	>1.0	>0.6	>198.6	(404.8)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00585	HS Sweet and Sour Chicken	Ptn	>25.9	>28.2	506.7	>0.5
60	R00564	HS Spicy Rice	Ptn	>26.5	>30.6	359.5	>0.0

Menu Nutrition

70	R00002	HS Spinach Feta and Potato Bæ Ptn	>9.8	>52.5	553.9	>0.0
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Menu Nutrition

Menu: HS2627TUEWK4 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00480	HS Salmon, Vegetable & Noodl	Ptn	559.6	29.3	4.9	43.7	>2.8
60	R00467	HS Veggie Sausage Roll	Ptn	147.0	7.8	2.0	7.7	>0.0
70	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
80	R00588	HS Baked Beans	Ptn	67.5	0.5	0.1	12.2	4.4

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00480	HS Salmon, Vegetable & Noodl	Ptn	22.2	>2.2	>1.2	>74.9	(347.8)
60	R00467	HS Veggie Sausage Roll	Ptn	12.0	2.5	0.8	109.6	?
70	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
80	R00588	HS Baked Beans	Ptn	4.5	1.3	0.5	37.8	3.6

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00480	HS Salmon, Vegetable & Noodl	Ptn	>38.1	>57.1	681.8	>1.3
60	R00467	HS Veggie Sausage Roll	Ptn	0.0	27.2	443.4	0.0
70	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
80	R00588	HS Baked Beans	Ptn	tr	26.1	171.0	2.6

Menu Nutrition

Menu: HS2627TUEWK5 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00245	HS Flavoured Milk	Ptn	115.0	4.3	2.7	11.8	0.0
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00195	HS Rainbow Pasta and Chicker	Ptn	359.1	3.0	0.7	58.9	>5.0
60	R00455	HS Pasta Roma	Ptn	323.0	5.9	2.7	61.1	>5.7
70	R00448	HS Garlic Bread	Ptn	83.5	4.0	2.1	10.8	0.7

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00245	HS Flavoured Milk	Ptn	8.8	0.1	1.0	300.0	50.0
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00195	HS Rainbow Pasta and Chicker	Ptn	27.1	3.1	2.0	70.5	(291.5)
60	R00455	HS Pasta Roma	Ptn	10.3	>2.1	>1.1	>88.3	(196.6)
70	R00448	HS Garlic Bread	Ptn	1.7	0.4	0.2	30.2	45.1

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00245	HS Flavoured Milk	Ptn	5.0	22.5	107.5	0.0
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00195	HS Rainbow Pasta and Chicker	Ptn	27.3	>60.0	116.6	>1.0
60	R00455	HS Pasta Roma	Ptn	>15.3	>46.7	33.6	>1.5

Menu Nutrition

70	R00448	HS Garlic Bread	Ptn	tr	2.6	114.2	0.0
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Menu Nutrition

Menu: HS2627TUEWK6 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00363	HS Fish finger and salad sub	Ptn	251.9	8.6	1.6	32.6	2.6
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00476	Sweet Potato and Spinach Curr	Ptn	125.2	1.1	>0.2	27.0	>3.7
80	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00363	HS Fish finger and salad sub	Ptn	13.0	0.9	0.6	69.2	1.2
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00476	Sweet Potato and Spinach Curr	Ptn	3.0	>3.1	>0.8	>131.9	(983.6)
80	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00363	HS Fish finger and salad sub	Ptn	0.0	11.6	422.8	0.5
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
70	R00476	Sweet Potato and Spinach Curr	Ptn	>37.8	>78.2	279.5	>2.3
80	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0

Menu Nutrition

Menu: HS2627WEDWK1 Hs20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00227	HS Bubble Salmon	Ptn	197.6	9.0	0.9	16.6	1.6
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00430	HS Broccoli	Ptn	27.2	0.4	0.1	2.8	3.0
80	R00455	HS Pasta Roma	Ptn	323.0	5.9	2.7	61.1	>5.7
90	R00448	HS Garlic Bread	Ptn	83.5	4.0	2.1	10.8	0.7

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00227	HS Bubble Salmon	Ptn	13.8	0.6	0.5	11.2	5.6
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00430	HS Broccoli	Ptn	3.3	0.6	0.5	35.2	48.8
80	R00455	HS Pasta Roma	Ptn	10.3	>2.1	>1.1	>88.3	(196.6)
90	R00448	HS Garlic Bread	Ptn	1.7	0.4	0.2	30.2	45.1

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3

Menu Nutrition

30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00227	HS Bubble Salmon	Ptn	tr	12.0	230.4	0.0
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
70	R00430	HS Broccoli	Ptn	48.0	57.6	5.6	0.0
80	R00455	HS Pasta Roma	Ptn	>15.3	>46.7	33.6	>1.5
90	R00448	HS Garlic Bread	Ptn	tr	2.6	114.2	0.0

Menu Nutrition

Menu: HS2627WEDWK2 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00268	HS Hummus and Roast Veggie	Ptn	202.5	3.9	>0.7	25.2	>11.1
60	R00599	HS Chicken Shawarma	Ptn	449.5	11.1	>2.7	53.9	>3.6
70	R00082	Cucumber Dip	Ptn	13.2	0.3	>0.1	1.7	>0.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00268	HS Hummus and Roast Veggie	Ptn	11.2	>7.5	>4.3	>257.7	(63.6)
60	R00599	HS Chicken Shawarma	Ptn	32.4	>1.9	>3.5	>89.3	(32.1)
70	R00082	Cucumber Dip	Ptn	1.1	0.1	0.1	35.0	3.1

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00268	HS Hummus and Roast Veggie	Ptn	>60.4	>276.3	52.2	>0.1
60	R00599	HS Chicken Shawarma	Ptn	>15.9	>39.5	68.7	>0.0

Menu Nutrition

70	R00082	Cucumber Dip	Ptn	0.5	5.4	13.1	0.0
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Menu Nutrition

Menu: HS2627WEDWK3 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00252	HS Fish of the Day	Ptn	211.1	8.4	0.7	23.3	0.8
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00224	HS Peas	Ptn	52.8	(0.7)	0.2	7.4	?
80	R00251	HS Quorn Chunky Fajitas	Ptn	307.5	11.8	6.7	27.2	>8.3
90	R00564	HS Spicy Rice	Ptn	254.3	2.2	0.1	51.6	3.1

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00252	HS Fish of the Day	Ptn	10.2	0.5	0.5	29.8	0.9
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00224	HS Peas	Ptn	4.6	1.2	0.7	26.4	(0.0)
80	R00251	HS Quorn Chunky Fajitas	Ptn	20.5	>1.5	>6.5	>206.7	(159.4)
90	R00564	HS Spicy Rice	Ptn	5.4	>0.8	>1.3	>8.9	>20.4

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0

Menu Nutrition

30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00252	HS Fish of the Day	Ptn	tr	8.4	297.6	0.0
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
70	R00224	HS Peas	Ptn	13.6	62.4	2.4	?
80	R00251	HS Quorn Chunky Fajitas	Ptn	>54.8	>67.0	433.1	>0.6
90	R00564	HS Spicy Rice	Ptn	>26.5	>30.6	359.5	>0.0

Menu Nutrition

Menu: HS2627WEDWK4 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00254	HS Thai Red Chicken Curry	Ptn	121.0	5.0	>0.9	6.0	>2.0
60	R00242	HS Rice	Ptn	272.3	2.3	0.1	56.0	2.6
70	R00305	Pitta bread	Ptn	102.0	0.5	0.1	22.0	0.9
80	R00581	Vegetable Lasagne	Ptn	418.3	11.8	6.8	55.7	>6.9

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00254	HS Thai Red Chicken Curry	Ptn	12.2	>2.0	>0.7	>30.6	>37.4
60	R00242	HS Rice	Ptn	5.6	0.8	1.4	8.3	0.0
70	R00305	Pitta bread	Ptn	3.6	0.8	0.3	55.2	0.0
80	R00581	Vegetable Lasagne	Ptn	19.5	>6.1	>3.1	>272.1	(322.9)

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00254	HS Thai Red Chicken Curry	Ptn	>5.3	>16.5	202.2	>0.2
60	R00242	HS Rice	Ptn	0.0	16.5	3.0	0.0
70	R00305	Pitta bread	Ptn	0.0	8.0	160.0	0.0
80	R00581	Vegetable Lasagne	Ptn	>16.1	>38.2	260.0	>0.6

Menu Nutrition

Menu: HS2627WEDWK5 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
30	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00252	HS Fish of the Day	Ptn	211.1	8.4	0.7	23.3	0.8
60	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
70	R00224	HS Peas	Ptn	52.8	(0.7)	0.2	7.4	?
90	R00030	Sweet Chilli Quorn	Ptn	114.9	3.0	0.7	11.6	>5.1
100	R00051	HS Noodles	Ptn	418.3	2.4	0.4	90.4	>0.2

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
30	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00252	HS Fish of the Day	Ptn	10.2	0.5	0.5	29.8	0.9
60	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
70	R00224	HS Peas	Ptn	4.6	1.2	0.7	26.4	(0.0)
90	R00030	Sweet Chilli Quorn	Ptn	8.2	>1.1	>3.8	>24.0	>325.9
100	R00051	HS Noodles	Ptn	14.3	3.4	1.6	88.6	22.6

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0

Menu Nutrition

30	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0
50	R00252	HS Fish of the Day	Ptn	tr	8.4	297.6	0.0
60	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
70	R00224	HS Peas	Ptn	13.6	62.4	2.4	?
90	R00030	Sweet Chilli Quorn	Ptn	>28.4	>34.8	132.6	>1.6
100	R00051	HS Noodles	Ptn	0.8	23.6	719.0	>0.0

Menu Nutrition

Menu: HS2627WEDWK6 HS20262027

Seq	Product	Description	Size	kcal (kcal)	Fat (g)	FatSat (g)	Carbohyd (g)	FibreAOAC (g)
10	R00003	Lentil Soup	Ptn	122.7	1.0	0.3	20.4	>2.9
20	R00566	HS Yogurt	Ptn	97.5	1.4	1.0	17.1	0.4
30	R00118	HS Selection of fresh fruit	Ptn	44.2	0.2	0.1	10.8	>0.8
40	R00121	HS Salad Bar	Ptn	41.1	0.8	>0.1	5.6	>2.6
50	R00443	HS Beef Lasagne	Ptn	462.5	24.7	10.0	32.4	>2.4
60	R00467	HS Veggie Sausage Roll	Ptn	147.0	7.8	2.0	7.7	>0.0
70	R00233	HS Chips	Ptn	245.7	6.4	1.0	45.9	4.6
80	R00588	HS Baked Beans	Ptn	67.5	0.5	0.1	12.2	4.4

Seq	Product	Description	Size	Protein (g)	Iron (mg)	Zinc (mg)	Calcium (mg)	VitA (µg)
10	R00003	Lentil Soup	Ptn	7.6	>2.9	>0.9	>44.3	(495.6)
20	R00566	HS Yogurt	Ptn	5.3	0.1	0.6	175.0	12.5
30	R00118	HS Selection of fresh fruit	Ptn	0.6	0.2	0.1	5.1	8.3
40	R00121	HS Salad Bar	Ptn	2.4	1.4	0.7	54.2	(105.4)
50	R00443	HS Beef Lasagne	Ptn	26.3	>3.8	>4.2	>316.9	(286.9)
60	R00467	HS Veggie Sausage Roll	Ptn	12.0	2.5	0.8	109.6	?
70	R00233	HS Chips	Ptn	4.2	0.9	0.5	18.2	tr
80	R00588	HS Baked Beans	Ptn	4.5	1.3	0.5	37.8	3.6

Seq	Product	Description	Size	VitC (mg)	Folate (µg)	Sodium (mg)	FreeSugars (g)
10	R00003	Lentil Soup	Ptn	>5.9	>18.9	141.2	>1.2
20	R00566	HS Yogurt	Ptn	1.3	20.0	77.5	9.3
30	R00118	HS Selection of fresh fruit	Ptn	5.1	4.6	0.6	>0.0
40	R00121	HS Salad Bar	Ptn	34.4	90.7	56.0	>0.0

Menu Nutrition

50	R00443	HS Beef Lasagne	Ptn	>22.6	>47.5	375.7	>2.5
60	R00467	HS Veggie Sausage Roll	Ptn	0.0	27.2	443.4	0.0
70	R00233	HS Chips	Ptn	1.3	28.6	40.3	0.0
80	R00588	HS Baked Beans	Ptn	tr	26.1	171.0	2.6