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How teacher absences due to stress and mental health is recorded by the local authority.

In other words, what wording or code is used to entail when a teacher has taken an absence due to stress or other mental health reasons.

Colleague absences due to stress and mental health are recorded on our HR and Payroll system under the absence reasons:

- Stress, Depression, Anxiety and/or Psychological Conditions or;
- Work-Related Stress

The number of high school teacher absences due to stress and mental health broken down in the last six academic years (2020/21, 2021/22, 2022/23, 2023/24, 2024/25 and 2025/26 so far).

Period	Total teachers with absence due to stress, depression, anxiety and/or psychological conditions, or work related stress in period
August 2020 to July 2021	88
August 2021 to July 2022	104
August 2022 to July 2023	126
August 2023 to July 2024	138
August 2024 to July 2025	161
August 2025 to January 2026	98

The number of primary school teacher absences due to stress and mental health broken down in the last six academic years (2020/21, 2021/22, 2022/23, 2023/24, 2024/25 and 2025/26 so far).

Period	Total teachers with absence due to stress, depression, anxiety and/or psychological conditions, or work related stress in period
August 2020 to July 2021	103
August 2021 to July 2022	87

August 2022 to July 2023	87
August 2023 to July 2024	115
August 2024 to July 2025	144
August 2025 to January 2026	75