

57951 Teacher Mental Health (2020-2025)

For years 2020-21 to 2024-25:

The total number of working days lost among teaching staff due to sickness absence recorded with reasons of stress, anxiety, depression, or burnout.

Please refer to the table below which provides the number of working days lost, recorded as 'Stress', 'Depression', 'Anxiety and/or Psychological Conditions'.

Year	Number of Working Day Absences
2020/21	8,097
2021/22	8,949
2022/23	8,413
2023/24	9,888
2024/25	6,920

The number of individual teachers who have taken sickness absence for these reasons in each year (if held).

If the council records absences under broader categories (e.g. "mental health" or "work-related stress"), please use those categories instead.

Please refer to the table below.

Year	Number of Employees
2020-21	241
2021-22	276
2022-23	314
2023-24	349
2024-25	249