

## 37528 Mental Health and Wellbeing Support - Children and Young People

Of the 230 additional, or enhanced, mental health and wellbeing supports and services for 5 to 24 year olds, announced by the Scottish Government, as part of their recovery from the pandemic could you please answer the following questions:

<https://www.gov.scot/publications/coronavirus-covid-19-covid-recovery-strategy-programme-board-programme-approach/pages/update-on-covid-recovery-strategy-actions/>

How much was allocated to your local authority?

£335,750 in 2020/2021

£1,343,000 in 2021/2022

£1,361,000 in 2022/2023

Which new or enhanced services will this money be allocated to, and is each service;

- a. New or enhanced?
- b. If enhanced how many extra places are available for children and young people?
- c. Digital, physical or telephone based?
- d. If digital, is the service self-help?
- e. What is the age range of children and young people this service supports?
- f. For how long will this service be able to run on this funding?
- g. What is the referral pathway for this service?
- h. How many children and young people are expected to use the service for the term of funding?
- i. What consultation was done with children and young people and parents on the design and commissioning of these services?

There are eight new collaborative services which are:

Back on Track– Collaboration between home link and Crossreach

South East – Collaboration between Canongate Youth, U-Evolve, Edinburgh Old Town Development Trust Edinburgh, Lothians Greenspace Trust

Wellbeing Together – Collaboration between Broomhouse Centre (SPACE), Big Hearts, With Kids, SAMH

North East Edinburgh - The Junction, Citidel, Pilmeny, YMCA, MCFB, The Ripple, Miricyl

Let's Talk – Collaboration between Let's Talk, Edinburgh Community Yoga, Edinburgh and Lothians Greenspace Trust, Tinderbox.

Bwell – Collaboration between CIRCLE, Stepping Stones, Intercultural Youth Scotland, Granton Youth, Muirhouse Youth Development Group, Wester Hailes Youth Agency

Pilton Youth and Children's Project

Supporting Family and Social Adversity – Collaboration between Barnardos and Families Outside

ND:well - Collaboration between TailorEd, Autism Initiatives, Barnardos

- a. They are all new contracts and new collaborations of third sector providers to deliver community-based supports.
- b. We would not describe the new services as enhanced however they build on the skills and expertise of known organisations in the City of Edinburgh. The new and additional spaces are reflected in question H. This is the additionality provided through the funds.
- c. All the supports are primarily physical, in person supports.
- d. Not applicable, see A2c above.
- e. All the services are contracted to support 5 to 24 (26 if care-experienced).
- f. The contracts are initially for three years but if effective and funding continues we hope to continue.
- g. Via links with schools often through Getting it Right Child Planning. Other professionals supporting the families and self-referral.
- h. The number of children we hope to support per year is 2,550.

The number of families we hope to support per year is 1,257.

The average number of children in a Scottish family as at 2020 was 2.14.

The average number of children in a family as a minimum estimate targeted for support within the CMH collaboration is 2.03.

- i. The City of Edinburgh Council had carried out a number of consultations with children, young people and parents / carers. There was also national data for example from the Children and Young People's Parliament. The local implementation group pulled together the various consultation data to inform the local approach.