

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

Introduction

This form is for organisations to complete to show the achievement of targets that were included in the funding agreement. For additional information and guidance please contact CF.Commissioning@edinburgh.gov.uk

Organisation Details

A1.1	Organisation Name: LGBT Youth Scotland		
	Project Title: Getting it Right for LGBT young people		
A1.2	2019-20 Award		
A1.3	Organisation postal address		
	40 Commercial Street, Leith, Edinburgh, EH6 6JD		
A1.4	Organisation contact details (name, email and phone number.)		
	Name		
	email	@lgbtyouth.org.uk	Tel. Number

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

Achievement of targets

Please paste in your targets as detailed in your funding agreement. Please then answer yes, no or exceeded, as to whether the target was achieved. In further information please make it clear what the difference in achievement is compared to the target. Also you should give reasons why a target was exceeded or not achieved.

Target	Achieved	Further information					
Deliver minimum of 10 youth groups per month	Exceeded		Group	No. of group work sessions	No. of hours of group work	Total no. of contacts	Total number of unique individuals for
			InfiniT – trans young people under 16 Mondays fortnightly 5.30-7.30pm	27	57	148	31
			Beyond Gender Tuesdays for trans young people 17-25	31	99	348	86
			Sound Youth Wednesdays 6.30-8.30pm LGBT young people 13-17	29	62	308	49
			VADA Thursdays 7-9pm LGBT yp 17-25	30	60	282	44
			Additional local and national opportunities for Edinburgh young people	9	27	342	231
Deliver minimum of 10 youth groups per month	Exceeded	<p>This is a collated report from the last 6 months of our groups: April to September 118 youth group sessions. 1,123 interventions with young people. 87 new referrals</p> <ul style="list-style-type: none"> ✓ Impact Arts have been to visit Beyond Gender to help with CV and application writing for college, universities and employment ✓ We continue to work in partnership with Edinburgh College and have noticed that since attaining the LGBT Charter that they are now more confident in leading LGBT work independent of our service ✓ Working with the Princes Trust around employability 					

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<p>✓ We have recently had a third year placement complete his 3rd year 'Working with Communities' at Edinburgh College. (Short report attached in e-mail)</p> <p>Due to additional resource from NHS Lothian we are now seeing an increase in numbers of young people accessing groups. This is partly due to staff being able to offer more time to build relationships and provide one to one coaching sessions.</p> <p>We have also seen a significant rise in young people accessing Sound Youth and Vada which allows for more creative and engaging workshops.</p> <p>We have developed a Partnership with NW Edinburgh Lifelong Learning and received money to pilot a new LGBT Youth Group in Queensferry. This will provide easier access to young people from a different side of the city. The group, called Polari, will start at the beginning of October. ✓</p>
80 young people receive individual, person centred and goal focused interventions	Exceeded	<p>✓ In the past 6 months there have been 336 one to ones. This work is joint funded by NHS Lothian.</p> <p>Case studies:</p> <ul style="list-style-type: none"> ✓ NM – Why Beyond Gender matters to me ✓ YP – My Journey at LGBTYS ✓ YP 13 – Why I Like InfiniT ✓ YP 21 – Not isolated anymore ✓ YP 14 – Less anxious (Sound Youth) ✓ YP 14 - Life before LGBT YS was stressful, lonely and my mental health wasn't great. ✓ YP 14 - Coming Out
40 young people regularly engaged in social action and youth volunteering 20 young people demonstrate progression and achievement through Saltire Awards	Exceeded	<ul style="list-style-type: none"> ✓ Highlights for social action have included: ✓ Edinburgh Pride (Over 450 young people took part in the youth space) ✓ The Garden Project (Action Earth Funded project) 25 young people engaged in gardening and workshops with the Leith Tool Library) ✓ Beyond Gender Committee (designing and delivering workshops, leading on a creative writing project, residential and creation of an anthology) ✓ 7 Young people being involved in recruitment for new sessional worker ✓ LGBT YS supported 12 young people to attend Pride Youth Games in Manchester and to engage in wide range of physical activities (9th-11th August 2019) This is a short film outlining activities and impact - https://vimeo.com/360549500

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<ul style="list-style-type: none"> ✓ 25 young people received certificates at small award ceremonies as part of the youth groups. This has encouraged more young people to register. ✓ We now have a series of powerful films which demonstrate the impact of our work. ✓ #youthworkchangeslives – Molly and Shaun's film https://www.lgbtyouth.org.uk/get-involved/campaigns/youth-work-changes-lives/ ✓ #ourlives - https://www.lgbtyouth.org.uk/get-involved/campaigns/ourlives/ ✓ Carrie and Sarah's Story - https://www.youtube.com/watch?v=XcIDNxoux8 ✓ #OurLives A piece of policy https://www.youtube.com/watch?v=lgQhbCx87dc (this was shown at the 25th Anniversary of the Festival Theatre)
10 LGBT young people will meet with decision makers	Exceeded	<p>28th May - Cabinet Minister Visit to Queensferry High School, meeting 10 pupils to hear about their experience of influencing change with a school working towards and subsequently achieving the LGBT Charter. http://www.queensferryhigh.co.uk/index.php?p=849</p> <p>Queensferry High Charter Journey - https://www.lgbtyouth.org.uk/lgbt-charter/lgbt-schools-charter/our-story-queensferry-high-school/</p> <p>South Queensferry and Kirkcaldy held a youth consultation event called Youth Talk. Over 600 young people gave them opinions and suggestions on how services and youth provision could be improved to meet their needs. One of the pledges to come out of the process was to <i>increase support and activities for LGBT young people in our community</i>. Subsequently LGBT Youth Scotland and North West Lifelong Learning have developed a Partnership for the joint delivery of a new Youth Group. The group called Polari will commence 3rd Oct 2019. We have funding until March 2020.</p> <p>4 young people from Lothian are involved in LGBT Youth Scotland's Housing and Homelessness Youth Commission: https://www.lgbtyouth.org.uk/national-programmes/policy-and-influencing/youth-commission-housing-and-homelessness/</p> <p>Four young people from Edinburgh and Lothian have been involved in the Gender Recognition Youth Commission:</p> <ul style="list-style-type: none"> • https://www.lgbtyouth.org.uk/national-programmes/policy-and-influencing/youth-commission-gender-recognition/ • Young people have worked closely with national LGBT Organisations to design and develop training, workshops and consultations for LGBT youth groups across Scotland. • The #ourlives campaign involves young people talking about their lives, and raising awareness of transgender identities.

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<p>A new Youth Commission is currently being developed which will focus Care Experienced LGBT young people 3 young people from Lothian are involved.</p> <p>https://www.lgbtyouth.org.uk/news/2018/october/new-youth-commission-for-care-experienced-young-people/.</p> <p>The Youth Commissions meet four times per year, where they can learn new skills, identify next steps and develop campaigns.</p>
Consult with young people, teachers and agencies in the development of “Meeting the Needs of Transgender Young People” guidance to ensure Edinburgh schools align with national requirements for supporting transgender young people	Yes	<ul style="list-style-type: none"> ✓ CEC has supported “Meeting the Needs of Transgender Young People” guidance and the logo is embedded within the document. https://www.lgbtyouth.org.uk/media/1344/supporting-transgender-young-people.pdf This document is being updated with the Scottish Government and will be produced in Autumn 2019 ✓ Feedback from schools has been positive. ✓ Need for additional action to be taken forward to ensure that schools are confident and able to effectively engage and support transgender pupils
Develop and disseminate guidance to support the development of Gender Sexual Orientation Alliances (LGBT+) in Edinburgh schools	Yes	<p>We are working with the following LGBT Charter schools most of whom have a Gender Sexual Orientation Alliance / LGBTQI group. Our role is to provide advice, signposting and resources.</p> <p>Schools in BOLD are working towards or have received the LGBT Charter.</p> <ol style="list-style-type: none"> 1. Boroughmuir – registered in Oct 2019 2. Broughton High – registered in Sept 2019 3. Craigmount – awarded Bronze 4. Currie High School – have bronze, working towards Silver 5. Fettes – awarded GOLD 6. George Heriots – awarded GOLD 7. Gracemount – working towards Bronze 8. Leith Academy – awarded Silver 9. Mary Erskines – working towards Gold 10. Musselburgh Grammar – working towards Bronze 11. Trinity Academy – awarded Bronze 12. Wester Hailes Education Centre – referrals now looking at training 13. Queensferry High School – have Silver 14. Portobello High School – registered for Bronze 15. George Watsons –Gold 16. Gylemuir Primary School – working towards Bronze

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<p>Ann has had regular meetings with Cllr. Alison Dickie to look at the key recommendations presented by Young Edinburgh Action.</p> <p>Recommendations from the Young Edinburgh Action research group highlighted key recommendations for schools. A paper has been written for the Education Committee which demonstrates need for action.</p> <ul style="list-style-type: none"> ✓ Guidance has been developed with young people from Edinburgh Schools who are part of the LGBT Inclusion Alliance https://www.lgbtyouth.org.uk/media/1290/developing-a-gsa.pdf ✓ This has been disseminated to all schools ✓ Additional work still required to ensure all schools have access to the guidance, and are supported to develop safe space spaces within their schools. ✓ Cllr Alison Dickie has demonstrated key understanding of the recommendations and Ann, Partnership Manager has now met with Alison several times to discuss this work.
Deliver and evaluate 6 LGBT awareness sessions provided to schools / agencies supporting young people still at school	Will complete by year end	<p>18 Training sessions delivered:</p> <ul style="list-style-type: none"> • 12th June and 11th Sept - Training for Stockbridge Health Centre (GOLD) • 12 August Broughton High School • 12th August – Gracemount High • 26th September Gylemuir Primary School • Boroughmuir High School • 16th May, 31st May and 16th July – Currie High School • 15th May & 14th June – Musselburgh Grammar • 23rd May – South Queensferry • 23rd August – Portobello High School <p>We have continued to work alongside Healthy Respect to deliver the RSHP CPD Core Day and two Learning and teaching school days.</p>
Provide resources to enable Edinburgh Schools to celebrate key cultural dates as part of the cultural calendar	Yes	<p>Key cultural calendar dates marked by Edinburgh Schools include:</p> <ul style="list-style-type: none"> ✓ Coming Out Day ✓ International Day Against Homophobia, Biphobia and Transphobia IDAHOBIT ✓ Purple Friday - ✓ LGBT History Month theme for 2020 is Lessons Learned ✓ We anticipate at least 15 Edinburgh Schools will engage with Purple Friday 2020 <p>LGBT Inclusion Alliance Meetings</p> <ul style="list-style-type: none"> ✓ 2 meetings have taken place. Now asking schools to take the lead with this work.
2 Edinburgh Young People are engaged with the LGBT youth	Exceeded	<ul style="list-style-type: none"> ✓ Housing Commission: 4 young people from Edinburgh ✓ Gender Recognition Commission: 4 young people from Edinburgh ✓ Care Experienced Youth Commission – 2 Edinburgh Young People ✓ Highlights are mentioned above

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

commissions aligned to the LGBT Youth Manifesto and supported by LGBTYS		
2 LGBT young people are engaged with Young Edinburgh Action or other Edinburgh initiative and supported by LGBTYS	Exceeded	<ul style="list-style-type: none"> ✓ 5 young people have been involved in the YEA initiative to research LGBTI inclusion among their peers and teachers in Edinburgh schools https://vimeo.com/205547565 ✓ Pledges still to be taken forward and commitment by key decision makers to implement recommendations.
Support the development of MVP and ensure LGBT identities are represented within materials	Yes	<ul style="list-style-type: none"> ✓ Several Edinburgh schools are engaged with MVP ✓ New materials have been developed – need for check in to review inclusive content
Support young people to be involved in relevant research opportunities so their voices are heard and their experiences help to improve services and knowledge	Research is inclusive of LGBTI identities and better informs wider practice	<ul style="list-style-type: none"> ✓ The following research requests were all agreed, and each Researcher had completed one of our Research and Consultation Request Forms. All had ethical compliance and were supervised by Glasgow University. <p>Enthusiastic Sexual Consent - 22nd August (8 young people) Dr Christina McMellon, Associate Researcher, c/o Centre for Research on Families and Relationships Christina McMellon and Helen Berry have been commissioned by a collaboration of three NHS boards to undertake research with young people (aged 16-19) about enthusiastic sexual consent that will be used to develop a short film clip (or series of short film clips), to develop young people's awareness and confidence in giving/receiving consent. Christina will be conducting the fieldwork with young people.</p> <p>Health and Wellbeing Research (Traci Leven and Luci Jones for the NHS) Research has been commissioned jointly by NHS Lothian and NHS Greater Glasgow & Clyde to conduct a health needs assessment, exploring health inequalities and needs relating to health and wellbeing of LGBT+ people. The research will inform approaches to service provision and public health.</p> <ul style="list-style-type: none"> ✓ Ann Marriott Interviewed. ✓ Ann and two young people attended the consultation event at Norton Park ✓ July - Traci attended Beyond Gender and VADA to hear from young people

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<p>Research into young people's experiences of Break Ups by Raquel Boso Perez, University of Glasgow.</p> <p>The purpose of this research is to gain a greater understanding of young people's break-up cultures, with the aim of informing health promotion messaging and services aimed at supporting young people's health and wellbeing, including during and after break-ups.</p> <p>Specifically, this project will explore young people's own understandings of the social norms and experiences that inform their attitudes, beliefs, and behaviours surrounding the ending of relationships.</p> <p>The research is looking to answer the following research questions:</p> <ol style="list-style-type: none"> 1) How do young people experience and carry out break ups, in person and online? 2) What are young people's beliefs, attitudes and expectations of a break-up? 3) How do young people conceptualise a 'good' break and a 'healthy' break up? Do these two ideas overlap? 4) How does sexual orientation shape young people's break-up cultures? <p>Research in to understanding LGBTI young people's experience of suicide and suicidal ideation. By Hazel Marzetti, University of Glasgow.</p> <p>It is well established that LGBT+ people experience higher rates of mental illness than their cisgender, heterosexual counterparts. The World Health Organisation has both named LGBTI¹ people as a group particularly vulnerable to suicide due to their experiences of discrimination, and names suicide globally as the second leading cause of death in those aged 15-29. There has been an albeit limited range of statistical work in this area to demonstrate the prevalence of suicidal thoughts and behaviours in young lesbian, gay, bisexual people, and far more limited work examining the prevalence of suicidal thoughts and behaviours amongst young trans people. However, there is a lack of research exploring why this is the case.</p> <p>The WAYS (Wellbeing Among Youth across Scotland) Dr Ruth Lewis, University of Glasgow</p> <p>This project explores how young people of diverse sexualities and genders in Scotland understand and experience the multi-level and interrelated factors that contribute to health and wellbeing among LGBTQ+ young people. The overall purpose of this exploratory work is to ensure that young people's own understandings and lived experiences of health and wellbeing, identities and communities can meaningfully inform our future development of asset-based health improvement interventions, that will be co-produced with LGBTQ+ young people. Specific objectives of this 12 month project are:</p>
--	--	---

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

		<p>1) To use participatory methods to generate nuanced understanding of young people's own perspectives and conceptualisations of health and wellbeing, with the intention of amplifying these views within public health and policy arena;</p> <p>2) To build collaborative relationships with key stakeholders across Scotland who are working to improve health and wellbeing among young people of diverse sexualities and genders.</p> <p>In this project, we are using a qualitative multi-modal approach involving in-depth interviews and photo-based methods. Participation involves two conversational interviews with the lead researcher (Ruth Lewis), about 10-12 weeks apart. In between the two interviews, participants will be invited to engage in a 'photo mission', using photos to capture what health and wellbeing means in the context of their day-to-day lives. If participants wish to engage in this aspect of the study, these photos will form the basis of conversation in the second interviews.</p> <ul style="list-style-type: none"> ✓ We also took part in the following National Consultations UNCRC – National Consultation. Led by Youth Link Scotland with over 150 responses from LGBT young people ✓ Gender Recognition Act ✓ Scottish Government's proposals around dispensing disability benefits ✓
		✓

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

Learning for the future

Write here any key issues that you want to highlight for discussion or have discussed with the grant monitoring officer and anything that you plan to do differently in the future.

The Young Edinburgh Action research highlighted key findings. We look forward to seeing some of the pledges being realised, and look forward to developing improvements across Edinburgh Schools. (Carried forward from previous report)

We are currently writing applications to CEC for future funding. We are aware that there is a need for LGBT Youth Scotland to drive this work forward to ensure LGBT young people's voices and experiences are heard across the city.

Service User feedback

Write here the details of any service user feedback activity you have undertaken in the year and any key results e.g. did respondents identify what was working well or any service gaps? Please also identify any changes in service you have introduced or are looking to introduce as a result of this feedback. In addition you should also include here details of any planning partnerships (formal or informal) you have shared this information with to help with ongoing planning.

All youth group sessions are evaluated by staff, volunteers and young people.
The case studies demonstrate the impact of our services on young people.
We will undertake our annual youth survey again in February 2020.

Key Meetings attended where feedback from LGBT young people is presented:

HIV and BBV Strategy Group

Nicola Booth –Head of Youth Work attends these meetings

Edinburgh Youth Work Consortium

Focus on Edinburgh Youth Work Strategy. We have been involved in the consultation around new structures to be launched to replace the current working model of the EYWC, which will create a closer link to the four Edinburgh localities.

Young Edinburgh Action / Edinburgh Picture

Ann has met with Cllr Dickie, and raised concerns about the picture for LGBT young people across Edinburgh. Ann has produced a report for Education Committee highlighting this.

Healthy Respect

LGBTYS attends the YP Subgroup

Caitlin linked through SHARE refresh and Practitioners Forum

LGBT Development Group

Julia has now refreshed the Edinburgh Group and will be meeting 3 x per year to focus on the Cultural Calendar and to share information about signposting and best practice.

LGBT Inclusion Alliance

This group met in advance of Pride and will meet in advance of Purple Friday

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

(Gender and Sexual Orientation Alliance) groups from schools across Edinburgh and the Lothians in advance of a key LGBT cultural calendar Days.

LGBTYS Young People's Practitioner Forum

Youth and Community Development Officers participate as a key member of the cross-organisational forum of Youth and Community Development Officers. The current focus is a review of practice and looking at safeguarding processes. We have just developed a new Safeguarding Policy and updated our training.

Trans Stakeholder Group

Ann and Julia attend this group, ensuring information is then shared with young people.

LGBT Youth – Transgender Inclusion

Ann has started an internal cross-organisational Transgender Group to ensure that learning is cascaded across the Organisation and that we are able to better respond to the needs of transgender people across Scotland.

EVOC

Ann attends regular monthly meetings. This is an excellent opportunity to meet with Third Sector Youth Providers from across Edinburgh. Currently discussions are focussed on the potential 30% cut to youth services in Edinburgh.

Choose Life Steering Group

We regularly attend this meeting. We have just been successful in receiving additional funding for frontline and digital staff and volunteers to attend an ASIST course shaped around LGBT identities.

Where staff time allows we attend:

South East Edinburgh Youth Work Alliance

North East Edinburgh Youth Work Alliance

South West Edinburgh Youth Work Alliance

Case studies:

- ✓ NM – Why Beyond Gender matters to me
- ✓ YP – My Journey at LGBTYS
- ✓ YP 13 – Why I Like InfiniT
- ✓ YP 21 – Not isolated anymore
- ✓ YP 14 – Less anxious (Sound Youth)
- ✓ YP 14 - Life before LGBT YS was stressful, lonely and my mental health wasn't great.
- ✓ YP 14 - Coming Out

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

Please provide a brief summary on your organisation's financial position current and projected. If appropriate, please highlight any match funding that has been brought in specifically for this project

	Actual	Predicted	
	30 th September 2019	31 st March 2020	
Grant - City of Edinburgh Council	£ 13,766	£ 27,532	
Expenditure			
Staff Costs	£ 11,127	£ 23,634	
Staff Expenses	£ 293	£ 500	
Office Costs	94	£ 180	
Web & Comms	£ 21	-	
Services & Activities	£ 265	£ 218	
Overheads	£ 1,529	£ 3,000	
	£	£	
Total Expenditure	13,328	27,532	
	£	£ 0	
Surplus/(Deficit)	438	-	
<p>NHS Lothian also financially supports LGBT Youth Scotland to deliver services across Edinburgh and the Lothians £82,712</p> <p>We were successful in applying for funding to support a pilot group in Queensferry and Kirkcaldy Oct-March 2020</p>			

Any other comments

Write here anything else you wish to raise that could not be included in the other parts of this form.

Ongoing request: There continues to be a gap for transgender people under 13 and we would like consideration from CEC as to how this need may be met.

We are seeing a rise in numbers of young people looking to access our service for support. Funding from CEC has remained at the same level for a number of years and this does not take into account the increase in living, in need or staff and organisational oncosts. We will be applying for further funding from the Children and Families Fund

Declaration

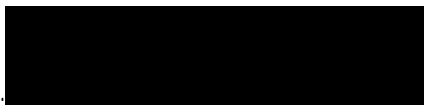
City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

You are asked to declare that:

- to the best of your knowledge the information contained in this monitoring form is accurate.
- by typing your name in this document and submitting it by email this is the legal equivalent of your manual signature on this form.

Signature...



Name..



Date...18th October 2019

Position...Partnership Manager (East)

Grant Monitoring Officer View

You are asked to declare that:

- to the best of your knowledge the information contained in this monitoring form is accurate.
- by typing your name in this document and submitting it by email this is the legal equivalent of your manual signature on this form.

Signature.....

Name.....

Date.....

Position.....