

City of Edinburgh Council Grant Aid

Communities and Families Monitoring Form 2018-19

Introduction

This form is for organisations to complete to show the achievement of targets that were included in the funding agreement. For additional information and guidance please contact CF.Commissioning@edinburgh.gov.uk

Organisation Details

A1.1	Organisation Name: LGBT Youth Scotland		
	Project Title: Getting it Right for LGBT young people		
A1.2	2019-20 Award		
A1.3	Organisation postal address		
	40 Commercial Street, Leith, Edinburgh, EH6 6JD		
A1.4	Organisation contact details (name, email and phone number.)		
	Name		
	email	@lgbtyouth.org.uk	Tel. Number

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Achievement of targets

Please paste in your targets as detailed in your funding agreement. Please then answer yes, no or exceeded, as to whether the target was achieved. In further information please make it clear what the difference in achievement is compared to the target. Also you should give reasons why a target was exceeded or not achieved.

Target	Achieved	Further information
Deliver minimum of 10 youth groups per month	Exceeded	October to March 123 youth group sessions. 1076 interventions with 180 individual young people attending.
Deliver minimum of 10 youth groups per month	Exceeded	<p>We have developed a Partnership with Lifelong Learning and received money to pilot a new LGBT Youth Group in Queensferry. This has provided easier access to young people from a different side of the city. The group, called Polari started at the beginning of October.</p> <p>Polari started on 03/10/2019 - really successful group (n= 7-12). The group has also allowed young people to be more connected to their local community and to participate in local projects (e.g. South Queensferry Museum), to link in with young people across Edinburgh (e.g. Christmas Party) and to benefit from opportunities to have new experiences (e.g. Lion King and LGBTQ Swimming)</p>
80 young people receive individual, person centred and goal focused interventions	Exceeded	✓ In the past 6 months there have been 274 one to ones.
40 young people regularly engaged in social action and youth volunteering	Exceeded	<p>✓ Highlights for social action have included:</p> <p>✓ 4 young people participated in a pilot project run by the Edinburgh Fringe Festival Society where they learned about how the Festival is run, had a chance to talk to artists, received training on the use of professional equipment used to produce content, watched and critically reviewed shows and gained new digital and marketing skills. Young participants produced a video using all the skills they'd learned during the project and this was screened for young people from</p>

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<p>20 young people demonstrate progression and achievement through Saltire Awards</p>		<p>all groups across Edinburgh. Full film here: https://www.youtube.com/watch?v=jCcyMOV5Ed8</p> <ul style="list-style-type: none"> ✓ Young people helped to organise a Gaylloween party for all youth groups. ✓ 2 young people who attend Beyond Gender delivered peer support workshops to the younger trans/non binary people at InfiniT - these were young people-led sessions ✓ Young people engaged with the GRA Reform Bill ✓ Young people involved in recruitment for new Youth and Community Development Officer ✓ Scottish Youth Parliament visited groups and young people engaged in workshops on engaging in politics effectively and finding their own voice ✓ Young Friends of the Earth visited Beyond Gender and the young people participated in a workshop around sustainability, climate change and climate justice ✓ Young people were consulted on their views about the new Edinburgh youth space. They engaged in discussions and feedback was collected; we also organised visits to groups from CEO and Youth Work Manager to ensure young people were included in conversations about the group space and they had a chance to voice their opinions and participate in decision making. ✓ Further examples of youth participation are included in the collated group session report
<p>10 LGBT young people will meet with decision makers</p>	<p>Exceeded</p>	<p>Youth Talk at South Queensferry and Kirkcaldy led to the development of Polari. 15 young people engaged with Lifelong learning to provide feedback.</p> <p>Two young people represent LGBT Youth Scotland as MSYP's</p> <p>4 young people from Lothian are involved in LGBT Youth Scotland's Housing and Homelessness Youth Commission: https://www.lgbtyouth.org.uk/national-programmes/policy-and-influencing/youth-commission-housing-and-homelessness/</p> <p>Four young people from Edinburgh and Lothian have been involved in the Gender Recognition Youth Commission:</p> <ul style="list-style-type: none"> • https://www.lgbtyouth.org.uk/national-programmes/policy-and-influencing/youth-commission-gender-recognition/ • Young people have worked closely with national LGBT Organisations to design and develop training, workshops and consultations for LGBT youth groups across Scotland. • The #ourlives campaign involves young people talking about their lives, and raising awareness of transgender identities.

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		<p>A new Youth Commission has been developed which focuses on Care Experienced LGBT young people 3 young people from Edinburgh and Lothian are involved. https://www.lgbtyouth.org.uk/news/2018/october/new-youth-commission-for-care-experienced-young-people/.</p> <p>The Youth Commissions meet four times per year, where they can learn new skills, identify next steps and develop campaigns.</p> <p>In addition:</p> <ul style="list-style-type: none"> • Cabinet Secretary visited Beyond Gender on 01/10/2019 • Between 6th – 16th January – Young people participated in Gender Recognition Act Consultation Workshop. • <i>Scottish Youth Parliament visited Beyond Gender</i> – February 2020 • Parliamentary reception show (yp-led) 04/02/2020. Young people led an arts performance at the Parliamentary Reception at the Scottish Parliament. Young people had opportunities to meet influential decision makers and have their voices heard. <p>Young people were due to present to Edinburgh Council's Equality Group, which had to be cancelled due to Covid-19.</p>
ensure Edinburgh schools align with national requirements for supporting transgender young people	Yes	<p>✓ We are awaiting the re-launch of the 'Supporting Transgender Young People in Scottish Schools Guidance'</p>
Develop and disseminate guidance to support the development of Gender Sexual Orientation Alliances (LGBT+) in Edinburgh schools	Yes	<p>We are working with the following Edinburgh Schools. Those in BOLD have achieved or are working towards the LGBT Charter most of whom have a Gender Sexual Orientation Alliance / LGBTQI group. Our role is to provide advice, signposting and resources.</p> <p>Schools in BOLD are working towards or have received the LGBT Charter.</p> <ol style="list-style-type: none"> 1. Boroughmuir – registered in Oct 2019 2. Broughton High – registered in Sept 2019 3. Craigmount High School– awarded Bronze now working towards Silver 4. Currie High School – have been awarded Silver 5. Fettes – awarded GOLD 6. George Heriots – awarded GOLD 7. Gracemount – working towards Bronze 8. Leith Academy – awarded Silver 9. Mary Erskines – working towards Gold 10. Musselburgh Grammar – awarded Bronze 11. Trinity Academy – awarded Bronze

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		<p>12. Wester Hailes Education Centre – referrals now looking at training</p> <p>13. Queensferry High School – have Silver</p> <p>14. Portobello High School – registered for Bronze</p> <p>15. George Watsons –Gold</p> <p>16. Gylemuir Primary School – working towards Bronze</p> <p>17. Queen Margaret University (School of Social Sciences) working towards Bronze Charter Mark</p> <p>18. Stewart Melville College (Level Silver/Gold)</p> <p>Ann sits on the Edinburgh Learns Equality Group which is looking at Equality across all of Edinburgh Schools. Ann has also requested being part of the anti-bullying subgroup.</p>
Provide resources to enable Edinburgh Schools to celebrate key cultural dates as part of the cultural calendar	Yes	<p>Key cultural calendar dates Oct-March marked by Edinburgh Schools include:</p> <ul style="list-style-type: none"> ✓ LGBT History Month – resources for schools https://www.lgbtyouth.org.uk/news/2020/lgbt-history-month-resources-for-schools/ ✓ Purple Friday - https://www.lgbtyouth.org.uk/news/2020/purple-friday-2020/ ✓ Trans Day of Visibility ✓ Diversity Week ✓ Coming Out Day ✓ LGBT History Month Reception at Scottish Parliament - https://www.lgbtyouth.org.uk/news/2020/our-lgbt-history-month-reception/ <p>LGBT Development group:</p> <ul style="list-style-type: none"> ✓ Coming Out Day engagement session on 2nd October 2019 ✓ LGBT History Month engagement session on 15th January 2020. <p>We're now engaging with over 20 different organisations working with young people across the board, including NHS, Police Scotland, representatives from various high schools, mainstream youth work providers and employability agencies. [Meeting planned ahead of Pride has been cancelled due to lockdown]</p>
2 Edinburgh Young People are engaged with the LGBT youth commissions aligned to the LGBT Youth Manifesto and supported by LGBTYS	Exceeded	<ul style="list-style-type: none"> ✓ Housing Commission: 4 young people from Edinburgh ✓ Gender Recognition Commission: 4 young people from Edinburgh ✓ Care Experienced Youth Commission – 2 Edinburgh Young People ✓ Highlights are mentioned above
2 LGBT young people are	Exceeded	<ul style="list-style-type: none"> ✓ Youth Voice in Queensferry has led to the development of Polari Youth group

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engaged with Young Edinburgh Action or other Edinburgh initiative and supported by LGBTYS		<ul style="list-style-type: none"> ✓ YP are taking the lead in an Arts Exhibition 'Proud City' at South Queensferry Museum about LGBT History ✓ Young people accessing Impact Arts ✓ Young people performing at the Scottish Parliament, an event hosted by two LGBT Youth MSYP's
Support young people to be involved in relevant research opportunities so their voices are heard and their experiences help to improve services and knowledge	Research is inclusive of LGBTI identities and better informs wider practice	<ul style="list-style-type: none"> ✓ LGBT Youth Scotland has launched the Annual Survey, responses will be ready in the next two months. ✓ The following research requests were all agreed, and each Researcher had completed one of our Research and Consultation Request Forms. All had ethical compliance and were supervised by Glasgow University. <p>Enthusiastic Sexual Consent - (8 young people) Dr Christina McMellon, Associate Researcher, c/o Centre for Research on Families and Relationships Christina McMellon and Helen Berry have been commissioned by a collaboration of three NHS boards to undertake research with young people (aged 16-19) about enthusiastic sexual consent that will be used to develop a short film clip (or series of short film clips), to develop young people's awareness and confidence in giving/receiving consent. Christina will be conducting the fieldwork with young people. Following on from this work we are parting of a steering group with NHS Lothian which will inform the development of several short films about consent which will be shared online.</p> <p>Health and Wellbeing Research (Traci Leven and Luci Jones for the NHS) Research has been commissioned jointly by NHS Lothian and NHS Greater Glasgow & Clyde to conduct a health needs assessment, exploring health inequalities and needs relating to health and wellbeing of LGBT+ people. The research will inform approaches to service provision and public health. This is the report - https://www.stor.scot.nhs.uk/handle/11289/580258</p> <p>Research into young people's experiences of Break Ups by Raquel Boso Perez, University of Glasgow. (PhD completed and report available soon)</p> <p>The purpose of this research is to gain a greater understanding of young people's break-up cultures, with the aim of informing health promotion messaging and services aimed at supporting young people's health and wellbeing, including during and after break-ups.</p> <p>Specifically, this project will explore young people's own understandings of the social norms and experiences that inform their attitudes, beliefs, and behaviours surrounding the ending of relationships.</p> <p>The research is looking to answer the following research questions: 1) How do young people experience and carry out break ups, in person and online?</p>

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		<p>2) What are young people's beliefs, attitudes and expectations of a break-up?</p> <p>3) How do young people conceptualise a 'good' break and a 'healthy' break up? Do these two ideas overlap?</p> <p>4) How does sexual orientation shape young people's break-up cultures?</p> <p>Research in to understanding LGBTI young people's experience of suicide and suicidal ideation. By Hazel Marzetti, University of Glasgow. (Awaiting report)</p> <p>It is well established that LGBT+ people experience higher rates of mental illness than their cisgender, heterosexual counterparts. The World Health Organisation has both named LGBTI¹ people as a group particularly vulnerable to suicide due to their experiences of discrimination, and names suicide globally as the second leading cause of death in those aged 15-29. There has been an albeit limited range of statistical work in this area to demonstrate the prevalence of suicidal thoughts and behaviours in young lesbian, gay, bisexual people, and far more limited work examining the prevalence of suicidal thoughts and behaviours amongst young trans people. However, there is a lack of research exploring why this is the case.</p> <p>The WAYS (Wellbeing Among Youth across Scotland) Dr Ruth Lewis, University of Glasgow (Awaiting report)</p> <p>This project explores how young people of diverse sexualities and genders in Scotland understand and experience the multi-level and interrelated factors that contribute to health and wellbeing among LGBTQ+ young people. The overall purpose of this exploratory work is to ensure that young people's own understandings and lived experiences of health and wellbeing, identities and communities can meaningfully inform our future development of asset-based health improvement interventions, that will be co-produced with LGBTQ+ young people. Specific objectives of this 12 month project are:</p> <ol style="list-style-type: none"> 1) To use participatory methods to generate nuanced understanding of young people's own perspectives and conceptualisations of health and wellbeing, with the intention of amplifying these views within public health and policy arena; 2) To build collaborative relationships with key stakeholders across Scotland who are working to improve health and wellbeing among young people of diverse sexualities and genders. <p>In this project, we are using a qualitative multi-modal approach involving in-depth interviews and photo-based methods. Participation involves two conversational interviews with the lead researcher (Ruth Lewis), about 10-12 weeks apart. In between the two interviews, participants will be invited to engage in a 'photo mission', using photos to capture what health and wellbeing means in the context of their day-to-day lives. If participants wish to engage in this aspect of the study, these photos will form the basis of conversation in the second interviews.</p> <ul style="list-style-type: none"> ✓ We also took part in the following National Consultations UNCRC – National Consultation. Led by Youth Link Scotland with over 150 responses from LGBT young people ✓ Gender Recognition Act ✓ Scottish Government's proposals around dispensing disability benefits
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		<ul style="list-style-type: none">✓ Supported young people to get involved in research about Home and Homelessness for LGBT Young People, looking at the experiences of young people at home, what makes a home for them, and experiences of homelessness ✓ Participated in NHS engagement session about research on LGBT people's experiences of health care
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Learning for the future

Write here any key issues that you want to highlight for discussion or have discussed with the grant monitoring officer and anything that you plan to do differently in the future.

We are currently awaiting feedback in relation to applications to CEC for future funding. Both applications were recommended but there has been a hold on this and we anticipate hearing in May.

Outcomes for April – August 2020 have been submitted to the Council.

Service User feedback

Write here the details of any service user feedback activity you have undertaken in the year and any key results e.g. did respondents identify what was working well or any service gaps? Please also identify any changes in service you have introduced or are looking to introduce as a result of this feedback. In addition you should also include here details of any planning partnerships (formal or informal) you have shared this information with to help with ongoing planning.

All youth group sessions are evaluated by staff, volunteers and young people.
The case studies demonstrate the impact of our services on young people.
Our annual youth survey was launched in April 2020.

Key Meetings attended where the voices of LGBT young people are represented:

Edinburgh Learns Equalities

Newly established equality group led by CEC. Opportunity for LGBT Young people's voices to be represented at a City Level.

Edinburgh Youth Work Consortium

Focus on Edinburgh Youth Work Strategy. We have been involved in the consultation around new structures to be launched to replace the current working model of the EYWC, which will create a closer link to the four Edinburgh localities.

Youth Voice: Lifelong Learning Queensferry

Polari Group developed due to youth voices being heard. We are hoping that our funding application will be successful so we can continue with the group.

Healthy Respect

LGBTYS attends the NHS YP Subgroup which has CEC representation
Caitlin linked through SHARE refresh and Practitioners Forum

LGBT Development Group

Julia has now refreshed the Edinburgh Group and will be meeting 3 x per year to focus on the Cultural Calendar and to share information about signposting and best practice. This group is made up of Edinburgh schools and practitioners from across the City.

LGBTYS Young People's Practitioner Forum

Youth and Community Development Officers participate as a key member of the cross-organisational forum of Youth and Community Development Officers. The current focus is a review of practice and

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looking at safeguarding processes. We have just developed a new Safeguarding Policy and updated our training.

Trans Stakeholder Group

Ann and Julia attend this group, ensuring information is then shared with young people.

LGBT Youth – Transgender Inclusion

Internal cross-organisational Transgender Group to ensure that learning is cascaded across the Organisation and that we are able to better respond to the needs of transgender people across Scotland.

EVOC

Ann attends regular monthly meetings. This is an excellent opportunity to meet with Third Sector Youth Providers from across Edinburgh. Meetings have continued during lock down, taking place on Zoom.

LAYC Ann attends the Youth Work Managers group, ensuring shared learning and best practice across the city. Laurene ensures that input from LGBTYS is shared at the sub-groups, as currently LGBTYS does not have capacity to attend locality groups.

Choose Life Steering Group

We regularly attend this meeting. We have just been successful in receiving additional funding for frontline and digital staff and volunteers to attend an ASIST course shaped around LGBT identities.

Fringe Society – Partnership meetings. LGBTYS has received funding for two years to support young people to access the Fringe. This partnership has led to young people performing in the Fringe and making a short film.

LGBT Youth Work Practice Development Group, an internal organisational meeting looking at best practice youth work.

Learning Disabilities Working Group partnership with LGBT Health and NHS Lothian, exploring opportunities for training and development of LGBT inclusive resources.

Additional partnership meetings

12/11/2019 - Meeting Customs House Leith – promote LGBT inclusion, opportunities for young people, improve links to the community

18/11/2019 - Meeting Shakti Women's Aid to learn about services and referrals

27/11/2019 - Leith Chooses application workshop

07/01/2020 - Museums Trail Project. Met National Museums Scotland and Scotland 365 to discuss opportunities for young people to get involved in LGBT history project and training opportunities

20/01/2010 - Talk Periods, engagement session with a range of agencies working with young people to discuss and end stigma around periods and period poverty. We specifically raised the challenge for access to products for transgender young people.

02/03/2020 - Meeting Fair Start (employability and training for young people).

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29/01/2020 - Health Opportunities Team – working together at the new youth group in South Edinburgh, PRYDE Folx which was being led by HOT

Case studies:

- ✓ LGBTQ Swimming
- ✓ Jacobs Story
- ✓ Not being judged
- ✓ Young person taking the lead
- ✓ New Staff – their story
- ✓

Financial Position

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Please provide a brief summary on your organisation's financial position current and projected. If appropriate, please highlight any match funding that has been brought in specifically for this project

	Actual	
	31 st March 2020	
Grant - City of Edinburgh Council	£ 27,532	
Expenditure		
Staff Costs	£ 23,634	
Staff Expenses	£ 500	
Office Costs	£ 180	
Web & Comms	-	
Services & Activities	£ 218	
Overheads	£ 3,000	
	£	
Total Expenditure	27,532	
	£ 0	
Surplus/(Deficit)	-	

NHS Lothian also financially supports LGBT Youth Scotland to deliver services across Edinburgh and the Lothians £82,712

We were successful in applying for funding to support a pilot group in Queensferry and Kirkcaldy Oct-March 2020. This funding has now come to an end and LGBTYS is continuing to run the group on-line during lockdown.

Any other comments

Write here anything else you wish to raise that could not be included in the other parts of this form.

We awaiting feedback about two applications submitted to the Children and Families Fund

Declaration

You are asked to declare that:

- to the best of your knowledge the information contained in this monitoring form is accurate.
- by typing your name in this document and submitting it by email this is the legal equivalent of your manual signature on this form.

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Signature....



Name...



Date...30th March 2020

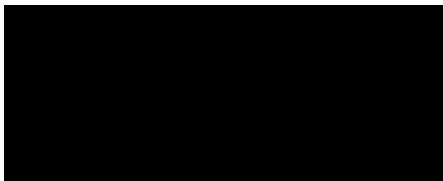
Position...Partnership Manager (East)

Grant Monitoring Officer View

You are asked to declare that:

- to the best of your knowledge the information contained in this monitoring form is accurate.
- by typing your name in this document and submitting it by email this is the legal equivalent of your manual signature on this form.

Signature



Name



Date

2 June 2020

Position

Commissioning Officer